

## St. Joseph's Nursing Home, Inc.

1222 TUGWELL DRIVE, CATONSVILLE, MD 21228

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Dear Friends,

A rich gift of our Christian faith is the paradox of the cross. How can a horrific instrument of death be lifesaving? This mystery is at the heart of the entire Easter message. The hymn "O Cross of Christ" calls the cross, "a foundation of the universe; the true hope of all our days; creation's bonding force; and above all, a sign of God's unfathomable love". As such, the cross is an opportunity for each of us to grow in so many dimensions. Calling a particular cross in your life as a "challenge", denoting positive results, can be motivating and full of grace. Regardless if a cross is a physical one, or a non-physical one, opportunity for growth is always present. Many times, embracing and carrying a cross takes courage, patience and faith. It is an ironic truth that by embracing a cross of any kind, the virtues of courage, patience themselves and faith grow and deepen. In short, a cross brings blessings beyond expectation.

Starting the month of March, we remember that it is the month devoted to St. Joseph, our heavenly patron and protector. We will honor St. Joseph by a novena to him as well celebrating with great joy his feast day, March 19th. Please join all in the St. Joseph Nursing Home family in prayers that St. Joseph will guide and sustain us in our efforts to be faithful and diligent followers.

**St. Joseph pray for us.**

Regarding Phase 4 of the renovation project, this project will be one of the largest projects undertaken at St. Joseph's Nursing Home since the major addition in 2003. It will begin by relocating several Residents and evacuating the wing of furniture and equipment before demolition can take place. Seven Resident Rooms, Nurse Station, Beauty Salon and Support spaces will be created. All-in-all, the construction will yield approximately 7000 (gross square feet). We expect a summer construction start.

As Lent proceeds, we pray that each of you have continual Lenten blessings. As always, you and your loved ones are remembered in our thoughts and prayers. May the soon-to-be resurrected Lord of all glory and praise grant you unending love, enduring hope and everlasting peace!!

**Wishing you and your families a most blessed, holy, and grace-filled Easter season!**

With Gratitude and Prayers,

Sister Krystyna Mroczek & Sisters



### Upcoming Events

**March 28**

**Holy Thursday – 4:00 pm  
Celebration of the Last Supper**

**March 29**

**Good Friday – 3:00 pm  
Commemoration of the Lord's  
Passion**

**March 30**

**Holy Saturday**

**10:30 am – Easter Egg Hunt with  
the Easter Bunny**

**4:00 pm Blessing of the Easter  
Baskets**

**7:00 pm – Easter Vigil**

**March 31**

**Easter Sunday – 10:00 am Mass**



## Welcome Sister Anna!

### Can you tell us about your vocation and calling?

When I was in first or second grade, my friends would call me a nun. I really do not know how this happened. Maybe because I have two aunts that are in the same religious order, and I visited one of them. I did not really plan on becoming a religious sister, yet I deeply believe that Jesus chose me. When I graduated from high school, I stayed one year with my parents not knowing what to do with my life. One day my friend lent me a book "My Broken Jesus", and when I opened the book on the very first page, I saw an address and phone number to a sister who was in charge of formation. I called that sister, and she invited me. I went and on the same day I was admitted to the postulancy. It wasn't my plan to join the order right away, but I really felt that Jesus called me that day.

**Being a religious sister** is a special vocation. When I entered the convent, I found a joy and peace in my heart, and I had the feeling that this is the place where Jesus wants me to be. Being a sister is always having a home, praying together, laughing together, grieving together, working together, relating to one another, and most of all sharing Christ's love together. I love my vocation, and I am happy that God chose me.

### How long have you been in America?

I came to the United States in 2002, two months after my final vows.

### Where did you receive your degree in Social Work?

I received my Social Work degree from University of Maryland, Baltimore.

### What will be your duties here at St. Joseph's?

I went to Sacred Heart Home just after my graduation in 2011. I worked in the admission and social services department and I will continue that work here at St. Joseph's. I love working with people, and that responsibility gave me the opportunity to be surrounded by wonderful residents, family members, and staff. Together with my co sisters we try to bring our residents a lot of joy and make them feel safe and loved as they journey toward eternal life. In serving the elderly I know that I am serving Christ himself.

### How does God lead you in your responsibilities?

You need to trust God, even if sometimes you do not understand or you think something else will be better for you. In our religious life God works through our superiors. I am trying to fulfill God's will wherever He sends me. "I do not know where I am going...but you will lead me down the right road, though I know nothing of it" Thomas Merton's prayer.

### What are some of your favorite pastimes?

When possible, I like to take a walk and spend some time with nature. I also enjoy calling my family in Poland especially my parents, sisters, and friends.



## Stations of the Cross



Prayerful meditation through the Stations of the Cross is especially common during Lent and on Fridays throughout the year, in commemoration of Christ's Crucifixion on Good Friday. The devotion may be done individually or in a group and is particularly important in the Roman Catholic Church. Each station is commonly visited with some variation of the prayer "we adore you, O Christ, and we bless you. Because by your holy cross you have redeemed the world". (Britannica)

**Stations are being held every Friday during Lent in the Chapel at 3:00 p.m. or feel free to walk the grounds to privately pray in our Redemption Garden.**

## The Series of Stations:

I Jesus is condemned to death

II Jesus is made to bear His cross

III Jesus falls for the first time

IV Jesus meets His mother

V Simon of Cyrene helps Jesus

VI Veronica wipes Jesus' face

VII Jesus falls the second time

VIII Jesus meets the women

VIII Jesus falls the third time

X Jesus is stripped of His garments

XI Jesus is nailed to the cross

XII Jesus dies on the cross

XIII Jesus is taken from the cross

XIII Jesus is placed in the tomb

## St. Joseph's Easter Bunny



**This guy can't wait to see all the children on March 30th! If any high school students need volunteer hours, we need help stuffing and hiding eggs!**

**Mark your calendar for Sept. 14<sup>th</sup> for our next Carry-Out**



**Crab Feast!**