

*St. Joseph's Nursing Home wishes you
a Holy Lent and a Blessed Easter*

Dear Families and Friends,

A twentieth century Chinese Christian writer once penned, "Our old history ends with the cross; our new history begins with the Resurrection". There are many similarities within this thought as we apply it to our ministry here at St. Joseph's.

Celebrating 60 years of being here at our Catonsville location this coming fall, we can say symbolically a chapter of our past enduring history may be ending as we look forward eagerly to the completion of the room renovation project. The "original" resident rooms will be enlarged and enriched and thus, a beginning, a new history, a new chapter. By this, we are in a sense bringing hope from the future into our present reality. Along with this hope and vitality for our current and future residents and their family members is the wonderful partnership we have with each of you. Your constant generous, loving and supportive friendship is that anchor of hope which indeed lends strength to our dreams and goals.

GOOD NEWS - St. Joseph's Nursing Home is once again ranked as the #1 nursing home in Maryland! We want to thank all of you as well as your support which makes the renovations possible. Our ongoing renovations give the Sisters and staff the opportunity to provide the best care for our residents. We also want to thank the Knott Foundation for their generous grant towards the new roof. We ask that you continue to support our efforts by visiting our website at WWW.STJOSEPHS.NET and make a donation. Know that your donations are being supplemented through our grant writing efforts.

May each of you experience and enjoy the transformative, enduring love of our soon-to-be Resurrected Lord Jesus. You and all your loved ones will be remembered daily in our hearts and thoughts this coming Easter season.

Sincerely yours,



Sr. Krystyna and Sisters



Conversation with Sr. Dorota

When did you realize you were called into religious life?

I completed Culinary School in Poland when I was about 21 years old, and was praying to God about whether to continue my studies at a university or go out into the workforce. I went on a pilgrimage to The Shrine of the Blessed Mother where I listened to a priest speak about his vocation anniversary, and that made me think that I may have that calling as well. I prayed and researched about the religious life for two years before I made my decision.



What do you like most about being a sister?

I can serve God and the Blessed Mother, as well as serve those who are vulnerable in society. I can pray with our residents and bring people to Jesus just as Mary did.

*Save the Dates
2019*

*Holy Lent
&
Easter*

Palm Sunday, April 14th

Mass with blessing and distribution of Palms at 10am

Holy Thursday, April 18th

Mass of the Lord's Supper at 4pm

(No 9am Mass)

Good Friday, April 19th

Commemoration of the Lord's Passion at 3pm
Stations of the Cross in outdoor Stations garden at 7pm

(No 9am Mass)

April 20th, Holy Saturday

Easter Egg Hunt for children with the Easter Bunny at 2pm
Make sure to bring your cameras!

Easter basket blessing at 4pm
All are welcome to bring Easter meal basket to be blessed

Easter Vigil at 7pm

(No 9am Mass)

April 21th, Easter Sunday

Easter Mass at 10am





As this month of March is dedicated to St. Joseph, please continue your prayers for all of us here that St. Joseph will always be our protector, model, and source of all goodness as we strive to be his Foster Son's faithful servants.

Our Volunteers

Our team of Bingo volunteers ensures everyone is a winner! Thank you Pat, Mericris, Elle, Betsy, Donald, Ginny, Bonnie Rick, and Marge!



Our Residents



Our resident, Mrs. Kurtzman and her devoted husband Donald will be married for 70 years in June. They have 7 kids, 21 grandkids, and 12 great-grandkids. A wonderful tidbit of information about Mrs. Kurtzman is that she volunteered two days a week for 40 years at St. Agnes Hospital, holding premature and high risk babies. She holds the record of longest serving volunteer at St. Agnes!

The Kurtzmans have graciously shared their "Marriage Hints" which we all may find to be very timeless advice!



Suzanne visits regularly with her dog, Boldin. He is such a good boy, and Suzanne is such a dedicated volunteer! They are pictured here with Miss Helen.



Kurtzman Family Marriage Hints

- ❖ Especially in the first year of your marriage do as much together as possible. Try to go to church together on Sunday.
- ❖ Leave an element of surprise - don't walk around the house half-naked.
- ❖ If you cannot tell the whole truth, don't say anything.
- ❖ Make a noise before entering a room with a closed door to allow the other person to have privacy. Respect each other's privacy - everyone needs their own space.
- ❖ Don't shout at each other - try to lower your voice and keep it under control.
- ❖ Share the household work.
- ❖ Avoid bringing up past problems or past relationships.
- ❖ Be sure to respect, acknowledge and appreciate your in-laws.
- ❖ Pick up after yourself and use the hamper!! Hang up or put away your clothes.
- ❖ Be slow to criticize and honest on your praises and compliments. In fact, make a point of giving each other a compliment every day.

Our Employees

Janet, a Certified Medicine Aide and Geriatric Nursing Assistant, feels that caregivers advocate for the elderly, and provide an environment that is comfortable for their last stages of life. As an employee with St. Joseph's for over 31 years, she says that being a caregiver and a friend to the elderly continues to be a very rewarding career for her. She would like people to understand that just because they may be elderly and frail, they can still share many life stories which provides us with different perspectives and knowledge that only they know from their longevity.

The Activities Department ensures that the residents are engaged in physical activity every Tuesday and Thursday. They ensure everyone is working their arms and legs, as well as playing games like balloon toss. Rebecca is shown here in the picture working alongside Miss Jane. All are welcome to look at our activities schedule which is posted monthly on our website, and throughout the facility.

